



Online Safety at Home

February Edition

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Think U Know



Welcome back to the St Faith's Prep monthly Online Safety at Home Newsletter. This week we have celebrated OnlineHere you will find some simple online safety tips to help parents/ carers make safer choices and support their children online.



Have a look at the GOLDEN Rules created by the Police to help parents with Online Safety.

Ground advice•

Discuss and agree as a family how the internet will be used in your home. Let your children tell you what they think is and isn't acceptable for them to do online, such as not being nasty to people, keeping personal information private and speaking to an adult when they are worried. Then add your own rules such as how long they can spend online and when and where webcams can be used.

One safety

Make sure you apply parental controls to all internet enabled devices in your household, including tablets, phones and games consoles. They can restrict access to inappropriate content and can help you manage how much time your child spends online.

Listen

Take an active interest in your child's online life and talk openly with them about the things they do. Talk to you child about which websites and apps they like to use and why; engage in their online world with them.

Dialogue

Talk to your children –be open and positive when talking about the internet. Make sure your child knows they can come to you for help if something happens online that makes them feel scared, worried or uncomfortable. Many children won't disclose online worries because they are scared adults will blame them or remove their access to the internet.